

# East Windsor Senior Center Events and Activities

## August 2015

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON- WHEELS (860) 292-8279 WEBSITE: [www.eastwindsorct.com](http://www.eastwindsorct.com)

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Shopping-Big Y or Walmart 9:00-11:00  Art with Tex 12:30  Wii Bowling 12:30	Game Day 10:00-11:30  Windsor Locks Concert Savage Brothers 4:00-9:00 Dinner at Sophia's	Shopping-Geissler's 9:00  Cribbage 10:00-11:30  Wii Zumba 12:30  WHPT Library 1:00-2:00	Blood Pressure & Blood Sugar Screening 10:00-12:30  Rockcats 10:30-3:30  Senior Club Meeting 1:00-3:00	Lunch at Lulu's 10:45-2:00
10 Shopping-Big Y or Walmart 9:00-11:00  Art with Tex 12:30  Wii Bowling 12:30	11 Tea Time 10:00-11:00  1:1 Law Sessions 12:30  Chair Yoga \$\$\$ 12:30	12 Shopping-Geissler's 9:00  Cribbage 10:00-11:30  Eye Care BINGO 12:30-1:30  Wii Zumba 12:30	13 Roundtable with Denise Menard 10:30  CRT Summer Picnic - 12:00  BINGO for \$\$ 12:30-2:00	14    Mobile Food Share St. Catherine's Church 1:45 - 2:30
17 Shopping-Big Y or Walmart 9:00-11:00  Art with Tex 12:30  Wii Bowling 12:30	18 Foot Care \$\$\$ 9:00-1:00  Focus Group 10:00-11:00  Food for Thought 11:00-11:30  Chair Yoga \$\$\$ 12:30	19 Shopping-Geissler's 9:00  Cribbage 10:00-11:30  Wii Zumba 12:30	20   Lake Compounce 10:00-4:00	21 In House Movie 9:30-11:30 Soul Surfer  Scout Hall Sock Hop 12:45-3:00
24 Shopping-Big Y or Walmart 9:00-11:00  Art with Tex 12:30  Wii Bowling 12:30	25  Duckpin Bowling 9:30-1:00 Pizza for Lunch  Chair Yoga \$\$\$ 12:30	26 Shopping-Geissler's 9:00  Cribbage 10:00-11:30  Wii Zumba 12:30  Set up for Monthly Social	27  MONTHLY SOCIAL 12:00 Entertainment by Bryson Lang	28 Representative Chris Davis 12:30-1:30  Mobile Food Share St. Catherine's Church 1:45 - 2:30
31 Shopping-Big Y or Walmart 9:00-11:00 Book Club 10:30 <i>The Dogs of Babel</i>  Art with Tex 12:30  Wii Bowling 12:30				7/22/15 ST

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.

**THE CENTER IS OPEN**

**MONDAY THRU FRIDAY**

**8:00 A.M. - 3:00 P.M.**